

Patanjali Yoga Sutras

by Sri Sri Ravi Shankar

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DOYOUYOGA The 195 yoga sutras compiled by great sage and philosopher Maharishi Patanjali are the basis of yogic techniques and serve as framework for integrating yoga . Patanjali's Yoga Sutras Learn the Yoga Sutras of Patanjali The Yoga S?tras of Patañjali are a collection of 196 Indian sutras (aphorisms) on the theory and practice of yoga. The Yoga Sutras were compiled prior to 400 CE by Sage Patanjali who synthesized and organized knowledge about yoga from older traditions. Patanjali's Yoga-Sutra – the Guide of Yoga, with translation and . This is because wisdom, yoga and meditation are ways to avoid suffering which has not yet come.” – Sri Sri Ravi Shankar. Yoga Sutras of Patanjali Sutra (in Images for Patanjali Yoga Sutras ?????? ??? ????? [Patanjali Yoga Sutra] (1/51) :: ?? . - YouTube Other articles where Yoga-sutras is discussed: Indian philosophy: Relation to Samkhya: The Yoga-sutras of Patanjali (2nd century bce) are the earliest extant . 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